

Overnight Menu

Dinner

Submarine Sandwiches and Chips

Sub rolls with your choice of ham or oven roasted turkey lunch meat with condiments and your choice of individually bagged chips.

Chasers

Ice cream sandwiches (Warm Weather)

Chocolate Chip Cookies and Hot Chocolate (Cold Weather)

Lemonade/Water

Breakfast

Scrambled Eggs and Bacon

Cereal

Type is dependent on availability.

Milk

Orange Juice

Coffee

(Adults only.)

Please, notify us in advance if members of your group have dietary restrictions.



Menu Ingredient List

Item	Ingredients
Sub Rolls	Unbleached enriched wheat flour (unbleached wehat flour, barley malt, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, yeast, contains 2% or less of the following: corn meal, salt, partially hydrogenated soybean oil, high fructose corn syrup, corn flour, yeast nutrients (calcium sulfate, monocalcium phosphate), dough conditioners (mono and diglycerides, calcium peroxide, potassium bromated), calcium propionate (A Preservative), wheat fiber, sesame seeds
Ham	
Turkey	
Lettuce	
Tomato Slices	
Utz Potato Chips	Potatoes, Cottonseed Oil, Salt
Lemonade	Sugar, dextrose, citric acid, calcium phosphate, sodium citrate, maltodextrin, natural flavor, cellulose gum, gum Arabic, ascorbic acid (vitamin C), titanium dioxide, yellow 5 lake, yellow 5
Vanilla Ice Cream Sandwich	Ice Cream: Milk Fat and Nonfat Milk, Corn Syrup, Buttermilk, Whey, Sugar, Maltodextrin, High Fructose Corn Syrup, Contains less than ½% of Propylene Glycol Monoesters, Mono & Diglycerides, Guar Gum, Carob Bean Gum, Cellulose Gel, Cellulose Gum, Carrageenan, Natural Flavor, Annatto (for Color), Vitamin A Palmitate. Wafers: Wheat Flour, Sugar, Cocoa, Soybean and Palm Oil, Dextrose, Caramel Color, Corn Syrup, Baking Soda, High Fructose Corn Syrup, Yellow Corn Flour, Food Starch, Modified, Salt, Soy Lecithin, Chocolate Flavor.
Hot Chocolate Mix	Sugar, Whey, Corn Syrup Solids, Cocoa (Processed With Alkali), Marshmallows (Sugar, Corn Syrup, Modified Corn Starch, Gelation, Artificial Flavor), Partially Hydrogenated Soybean Oil, Nonfat Milk, Sodium Caseinate, Whey Protein Concentrate, Salt, Dipotassium Phosphate, Emulsifier Mono- And Diglycerides, Artificial Flavor.
Chocolate Chip Cookies	Enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate [vitamin B1], riboflavin [vitamin B2], folic acid), semisweet chocolate (sugar, chocolate, cocoa butter, dextrose, soy lecithin, artificial flavor, nonfat milk),vegetable oil (soybean and palm oil with TBHQ for freshness), sugar, high fructose corn syrup, contains two percent or less of salt, leavening (baking soda, monocalcium phosphate), artificial flavor.
Scrambled Eggs (Prepared from pre-made egg batter)	Whole eggs, whey, skim milk, xanthan gum, citric acid, .12% water added as carrier for citric acid (citric acid added to preserve color)
Bacon	
Cheerios	Whole grain oats, modified corn starch, sugar, oat bran, salt, calcium carbonate, oat fiber, tripotassium phosphate, corn starch, wheat starch, vitamin E added for freshness, iron and zinc (mineral nutrients), vitamin C (sodium ascorbate), A B vitamin (niacinamide, vitamin B6 (pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin B1 (thiamin mononitrate), vitamin A (palmitate), A B vitamin (folic acid), vitamin B12, vitamin D
Cinnamon Toast Crunch	Whole grain wheat, sugar, rice flour, canola and/or rice bran oil, fructose, maltodextrin, dextrose, salt, calcium carbonate, cinnamon, soy lecithin, trisodium phosphate, zinc and iron (mineral nutrients), vitamin C (sodium ascorbate), color added, A B vitamin (niacinamide), vitamin B6 (pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin B1 (thiamin mononitrate), vitamin A (palmitate), A B vitamin (folic acid), vitamin B12, vitamin D, BHT added for freshness
Cocoa Puffs	Corn (whole grain corn, meal), sugar, corn syrup, modified corn starch, cocoa processed

	with alkali, canola and/or rice bran oil, caramel and beet juice concentrate color, salt, fructose, calcium carbonate, corn starch, tricalcium phosphate, natural and artificial flavor, trisodium phosphate, zinc and iron (mineral nutrients), vitamin C (sodium ascorbate), A B vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin B1 (thiamin mononitrate), vitamin A (palmitate), A B vitamin (folic acid), vitamin B12, vitamin D1 Wheat Flour, vitamin E added for freshness
Honey Nut Cheerios	Whole grain oats, sugar, oat bran, modified corn starch, honey, brown sugar syrup, salt, calcium carbonate, tripotassium phosphate, canola and/or rice bran oil, zinc and iron (mineral nutrients), vitamin C (sodium ascorbate), A B vitamin (niacinamide), natural almond flavor, vitamin B6 (pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin B1 (thiamin mononitrate), vitamin A (palmitate), A B vitamin (folic acid), vitamin B12, vitamin D, wheat flour, vitamin E (mixed tocopherols) added for freshness
Lucky Charms	Oats (whole grain oats, flour), marshmallows (sugar, modified corn starch, corn syrup, dextrose, gelatin, calcium carbonate, yellows 5 and 6, blue 1, red 40, artificial flavor), sugar, corn syrup, corn starch, salt, calcium carbonate, artificial color, trisodium phosphate, zinc and iron (mineral nutrients), vitamin C (sodium ascorbate), A B vitamin (niacinamide), artificial flavor, vitamin B6 (pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin B1 (thiamin mononitrate), vitamin A (palmitate), A B vitamin (folic acid), vitamin B12, vitamin D, vitamin E added for freshness
Total Raisin Bran	Shole grain wheat, raisins, sugar, calcium carbonate, corn bran, corn syrup, brown sugar syrup, salt, lactose, zinc and iron (mineral nutrients), vitamin E (tocopheryl acetate), trisodium phosphate, A B vitamin (niacinamide), vitamin C (sodium ascorbate), A B vitamin (calcium pantothenate), vitamin B6 (pyridoxine dydrochloride), vitamin B2 (riboflavin), vitamin B1 (thiamin mononitrate), annatto extract color, A B vitamin (folic acid), vitamin A (palmitate), vitamin B12, vitamin D
2% Milk	Milk, vitamin D